

# About us



Natura Mater helps construction professionals choose, purchase and implement sustainable building materials.

## Our values

We propose a comprehensive approach that aims to minimise the environmental impact of a building throughout its lifecycle. [Find out more about our principles of sustainability and the Natura Mater methodology.](#)



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[www.naturamater.eu](http://www.naturamater.eu)

# BECOME A MAIN PLAYER IN THE SHIFT TOWARDS SUSTAINABILITY

## How do we contribute to your project?

We provide expert guidance and material sourcing, supporting all stakeholders –from designers to builders. Our approach ensures that everyone is aligned with sustainable and efficient material choices.

## Training Courses

Whether it's by yourself or with the whole team, one-off or recurring, choose the formula that suits you best. The aim of our training courses is to equip construction professionals to take on new habits regarding materials.

1,000 € for 1 training course

5.000€ for 6 training courses



## Construction Materials/ Overview, Methodology & Trends

This training provides a high-level overview of trends and insights driving the future of construction materials, focusing on regulations, energy performance, and design approaches for lifecycle optimization.

Key Focus Areas:

- Overview of Key Regulations (EPBD, EU Taxonomy,...)
- Introduction to our Sustainability Methodology

Catalogue of Inspiration & New Trends

## Construction Materials/ Avoid - Shift - Improve - Measure - Collaborate

Focus on material sourcing strategies within the Avoid - Shift - Improve framework. This session dives into circular, biobased, and resource-efficient materials to minimize environmental impacts.

Key Focus Areas:

- Circular materials (Avoid)
- Biobased and geobased material options (Shift)
- Resource-efficient materials (Improve)

Construction and demolition waste strategies

## Regulatory Framework, Labels & Tool

A deep dive into the regulatory landscape affecting construction materials. This training helps navigate legal frameworks, benchmarks, and certifications to ensure compliance and performance.

Key Focus Areas:

- Energy Performance of Buildings Directive (EPBD) & Sustainable Building Materials
- EU Taxonomy and Level(s)
- Materials within Sustainability Labels and Certifications

Assessment Tools (Totem, GRO,...) & Industry Resources



## Structure

Learn how to design and optimise structural systems for resilience and sustainability. This session covers environmental impacts of structural choices and circular strategies to improve WLCA of the building.

Key Focus Areas:

- Horizontal & vertical structural systems
- Fire resistance and safety regulations
- Foundation systems
- Design for adaptability

## Site & Skin

Enhance your building's exterior performance by optimising site conditions and building envelopes. This training addresses insulation, orientation, and energy performance.

Key Focus Areas:

- Insulation and energy-efficient cladding
- Bioclimatic design strategies
- Air tightness and thermal bridging mitigation
- Roofing and façade systems for weather protection

## Services, Space Plan & Stuff

Design comfortable, healthy indoor environments by focusing on building services and interior systems. This session explores air quality, acoustics, and interior material selection.

Key Focus Areas:

- Indoor air quality
- Acoustic performance
- Material choices for interior
- Lifecycle Costing and Maintenance Considerations





# Contact us



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